

What's on at the Pyramid Community Centre:

<u>Groups</u>	<u>Days</u>	<u>Times</u>
Sensory Football	Monday	10am – 11am
Slimming World	Monday	5.30pm - 7pm
Tai Chi Sessions	Tuesday	11am – 12.30pm
Zumba Classes	Tuesday	7pm – 8pm
Milan Group	Wednesday	1pm - 3pm
PHAB Club	Wednesday	7pm - 9.30pm
Afro Beats Dance Sessions	Thursday	5.30pm - 7.30pm
Yoga Sessions	Thursday	6.30pm – 7.30pm
Ukulele Group	Friday	10am - 12 noon
Tai Chi Sessions	Friday	1 pm - 2.30pm
Go Church	Friday (1st of the month)	7pm - 8.30pm
Yoga Sessions	Saturday	10.45am -11.45am
Church Sessions	Sunday	9am – 12.30pm
Dominion City Peterborough Church	Sunday	9am – 12 noon
Viking's re-enactment	Sunday	5.30pm - 7.30pm